

# MiraMate

## LED Prostate Pack

LED Prostate Pack · May · 2021

Portable ● Safe ● Effective ● Innovative



Thank you for choosing MiraMate LED Prostate Pack, the prostate treatment device that allows everyone to use clinic-level LED technology.

It's great to be a man. But there is a downside. Most men suffer from enlarged prostates as they age. LED Prostate Pack was modelled on startling trials which found that powerful LEDs, if controlled correctly, can substantially reduce prostate enlargement, giving your prostate (and you) a new lease of life.

The following instructions will help you get the best out of LED Prostate Pack. Please read the instructions very carefully. They are important.

Ready? Let's begin!

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## Cautions

- 1) You knew we would say this first: Please (please!) read this manual before use. It does contain some valuable information. Promise.
- 2) When using LED Prostate Pack, avoid looking directly at the light source. The LEDs are very powerful, and may cause discomfort.
- 3) If you feel any hot sensation or discomfort during treatment, give yourself a break. You've probably earned it. Besides, your skin may take some time to become accustomed to the light.
- 4) Improper use or adjustment of LED Prostate Pack may invalidate your warranty and support services.
- 5) Keep LED Prostate Pack out of reach of children.
- 6) Do not crush or hit LED Prostate Pack during use. It may be powerful, but it is still sensitive.
- 7) Do not disassemble LED Prostate Pack. We prefer to do this ourselves.
- 8) Do not use LED Prostate Pack near explosive or inflammable substances. The heat from the LEDs may ignite something which is best left alone.

- 9) Do not point the multiple LED strap beyond the treatment area. They are designed to be placed next to the skin.
- 10) LED irradiation may interfere with the functionality of pacemakers. Patients wearing pacemakers should use LED Prostate Pack with caution.
- 11) Some people may experience dry eyes, rapid pulse, or dizziness during treatment. These are all normal symptoms, but proceed with caution. If you do experience these symptoms. Drink more water. This helps flush toxins out. If the symptoms persist, stop the treatment and take a well-earned break.
- 12) Please seek the advice of a trained medical professional before use.
- 13) Keep the vent clear. LED Prostate Pack generates heat, and that heat has to go somewhere. It is better to heat air than skin.
- 14) Blue Light mode is very powerful. Whilst using Blue Light mode, please ensure that treatment times do not exceed 5 minutes.

### NOTE:

Patients who are photosensitive, diagnosed with cancer or who have a cerebral haemorrhage cannot use LED Prostate Pack.

## What's in the Box?



**Main unit**

**X 1**



**LED Cannon**

**X 1**



**Multiple LED strap**

**X 1**



**Power adapter**

**X 1**

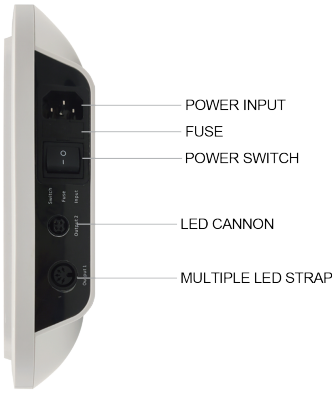


**User manual**

**X 1**

# Overview

MiraMate LED Prostate Pack consists of a multiple LED strap, an LED cannon, a power adaptor and the brains: a main unit.



## Operating Instructions

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### 1) Plug in the important stuff

Place LED Prostate Pack flat or on a desk before use. Plug the multiple LED strap and/or the LED cannon into the main unit. Then, connect LED Prostate Pack to the power adaptor.

### 2) Power on

Press the power button on the main unit. You will hear a beep. The display screen will show the default treatment time (35 minutes) and the default treatment power level “LOW”.

### 3) Set the treatment time

Short press the “Time” button to set your desired treatment time. Press repeatedly to increment the treatment time. The minimum time is 5 minutes, and the maximum is 60 minutes.

### 4) Adjust treatment power level

Press the “Power” button to adjust the power levels: low, medium, and high. The current power level will display on the screen. 2 white dots indicate low level. 4 dots indicate medium level. 6 dots indicate high level.

### 5) Adjust output type

Press “Red” to select Red Light mode. Press “Blue” to select Blue Light mode.

### 6) Start and pause your treatment

After setting the power level and treatment mode, short press the “ON/OFF” button to start your treatment. On the display screen, you will see the settings of your current treatment and the time remaining.

To pause the treatment, short press the “ON/OFF” button.

### 7) After treatment

When the treatment is over, you will hear a “beep”. The remaining time on the display screen will change back to the default (35 minutes). Press the power button to turn off LED Prostate Pack. Unplug the power cable and multiple LED strap from the LED Prostate Pack. Your work is done, and your prostate is just that little bit healthier.

### 8) Smart Mode

To treat in Smart Mode, simply connect the multiple LED strap to LED Prostate Pack, power it on, and short press the “ON/OFF” button. Smart Mode is programmed to run for 35 minutes in total: 5 minutes in Blue light mode and then automatically switch

to Red light mode for 30 minutes. LED Prostate Pack will stop after 35 minutes.

### Tips

Adjust the tightness of the multiple LED strap until you are comfortable. If your face turns blue, you probably have it too tight.

If you would like to change the treatment time after starting, press the “ON/OFF”. This pauses the treatment. Then you can alter the treatment time. Press the “ON/OFF” button to resume the treatment.

We recommend wearing or placing the multiple LED strap underneath clothing for best treatment results. Clothing will block most of the healing photons (light).

### Irradiation acupoints



(Irradiation acupoints chart, for reference only)

## Suggested Protocol

For optimal results, we suggest the following:

Treatment Frequency: 2 - 3 times per day.

Treatment Schedule: 5:00 am -7:00 am, 7:00 pm - 9:00 pm.

Treatment Duration: 5 minutes of Blue Light and 30 minutes of Red Light.

After 15 days of regular treatment, take a 2-day break.

Continue this protocol for 3 months.

## Trouble-shooting Guide

**LED Prostate Pack doesn't light up or doesn't work after pressing the ON/OFF button.**

1. The power adaptor is not properly plugged into the power input on the unit, or the multiple LED strap is not plugged in firmly.

Solution: apply more pressure when inserting the power adaptor.

2. No power at the power input.

Solution: check if you have power by plugging in another appliance.

If there is still no power, please contact MiraMate Support.

3. The fuse of LED Prostate Pack has blown.

Solution: Accidents happen. Check and replace the fuse on LED Prostate Pack. If LED Prostate Pack still does not work after changing the fuse, please contact MiraMate Support. We love to help.

### **No LED output.**

The LED multiple LED strap does not light up.

Solution: If everything is plugged in tightly and the fuse has not blown, please contact MiraMate Support.

### **Decrease in the intensity of LED lights.**

The LED lights become weak.

Solution: If this ever happens, please contact MiraMate Support.

## **Maintenance and Storage**

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Please check the trouble-shooting guide if LED Prostate Pack is not working properly. If the problems can't be solved, please contact MiraMate support. Do not disassemble or repair LED Prostate Pack by yourself.

1) Please use a wet cloth to clean the dirty surface of LED Prostate Pack. Do not use organic solvents or gas to clean.

2) Please use a wet cloth with alcohol to gently clean light outputs or LED multiple LED strap. Do not soak them in any liquid or use any hard equipment to clean.

3) Please store LED Prostate Pack in a dry place. Avoid exposing it to high temperatures or direct sunlight.

4) The multiple LED strap shall be kept in a clean place and shall not be broken or bent excessively. Handle with care to avoid collisions.

5) Do not replace the fuse protector by yourself. Please contact MiraMate Support first if you want to replace it.

### **NOTE:**

Harmful radiation exposure may occur if the device is not used correctly.

## **Transportation**

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General transportation is acceptable, but please avoid strong shocks, vibration, snow, rain and nuclear explosions. LED Prostate Pack is packed with sensitive electronics and wizardry. Stuff which needs looking after. Just like your prostate.

## Specifications

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Wavelength:

Red light 630nm±10nm

Blue light 465nm±10nm

LED Cannon Spectral Power density:  $\leq 10\text{mW/cm}^2$

Rated input power:  $\leq 100\text{VA}$

Environment temperature range: 5°C-40°C

Relative humidity:  $\leq 80\%$

Atmospheric pressure: 86kPa~106kPa

Lifespan: 6000 hours

## Warranty

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This is our promise to you:

MiraMate LED Prostate Pack will be replaced or repaired for free within one year from the purchase date if found to be defective and used according to the instructions.

Service and repair are provided after the warranty period.

Material and shipping costs will be charged as appropriate.

Due to hygiene concerns, we do not accept any refund or replacement of this device after use.

The warranty does not cover:

- Damage caused by user negligence or product misuse.

(e.g., scratches, liquid damage or unauthorized repairs).

- Breakdown or damage caused by disassembling.
- Breakdown or damage caused by accident.
- Damage caused by natural disasters.